COVID-19 SCHOOL CHALLENGES

22 RECOMMENDATIONS

GLOBAL PANDEMIC

PILLARS TO

ADDRESS SCHOOL
CLOSURES

3

PILLARS TO
REOPEN SCHOOLS

2

PILLARS TO
KEEP SCHOOLS
SAFE

3

CHILDREN & ADOLESCENTS

ADULT COMMUNITY

MEASURES FOR

ALL SITUATIONS

3

MEASURES FOR
FROM THE
PANDEMIC

2

SAFE WORK
CONDITIONS FOR
NONT-EACHING
SCHOOL STAFF

6

MEASURES FOR
TEACHERS & LEADERS
TO PREVENT
STRESS &
BURN OUT

3

The Association of Schools of Public Health in the European Region

EHESP

CATOLICA
INSTITUTO DE CIÊNCIAS DA SAÚDE
LISBOA-PORTO-VISEU
3 MEASURES FOR ALL SITUATIONS

1 - EDUCATIONAL RESOURCES

Avoid the school dropout and the learning inequality increases

1.1 Provide digital support and training to teachers, school staffs and students
1.2 Ensure access to digital tools to children, adolescent and teachers
1.3 Guarantee pedagogic resources for special needs education
1.4 Ensure that essential workers can have a school where they can leave their youngest children even during school closures
1.5 Provide optimal communication with families

2 - HYGIENE CONDITIONS

Reinforce the non-pharmaceutical measures aiming in reducing the infection transmission

2.1 Reinforce the regular sanitation and disinfection of school settings
2.2 Opening the windows to ventilate the classroom if conditions allow it
2.3 Reinforce the cleaning of air conditioning filters
2.4 Place the gel dispensers and soap in strategic places in the school
2.5 Offer training to teachers to better explain to children and adolescents the hygiene conditions to be respected in school settings

3 - REDUCE CONTACTS

Guarantee physical distancing in school settings

3.1 Improve circulation conditions in school and define rules of access
3.2 Do outdoor classes if conditions allow it (not incurring other risks)
3.3 Implement alternatives to closed spaces, if possible
3.4 Prefer smaller classes and move to larger rooms, if possible
3.5 Maintain the social bubble in school settings
2. MEASURES RELATED TO THE LEARNING FROM THE PANDEMIC TO BETTER MANAGE FUTURE CRISIS

1. INTEGRATION OF ALL SCHOOL COMMUNITY

*Reinforce that all professions are important to guarantee a socially valid and quality school*

1.1 Reinforce that non-teaching professions belong to the school community, being capable of disseminating knowledge of both security and social inclusion

1.2 Organise training to reinforce digital skills and to facilitate communication during the school closure period

1.3 Associate all the school community in defining procedures regarding future epidemic/pandemic periods

1.4 Schedule a time dedicated to school closure exercises during the school year, similarly to fire drills

2. NEW AND BETTER PUBLIC POLICIES

*Promote children’s Health in All Policies and children’s Health in All Places*

2.1 Integrate the management of closing and reopening schools policies into future public health plans

2.2 Take advantage of the Health in All Policies framework to consider issues regarding children’s and adolescents health and well-being

2.3 Narrow the spectrum of a Place-based approach into decision-making across sectors and policy areas, including school and educational policies
1 - NUTRITION SUPPORT

Ensure healthy nutrition during lockdown, particularly for the most vulnerable

1.1 Maintain the school canteens operational as much as possible
1.2 Maximum attention to the identification of new cases of nutritional difficulties
1.3 Provide nutrition support via specific programmes

2 - KEEP CONTACT

Prevent well-being and mental health issues of children and adolescents

2.1 Maintain regular contacts with children and adolescents and their families
2.2 Particular attention to contact with vulnerable groups

3 - PEDAGOGICAL FOLLOW-UP

Mitigate learning inequalities

3.1 Ensure a regular follow-up of the learning acquisitions
3.2 Take advantage of the moment to improve teaching in interdisciplinarity, health literacy, citizenship and others that a pandemic condition raises as a debate and personal evolution
1 - IDENTIFY THE CONSEQUENCES OF SCHOOL CLOSURES

Implement compensation and corrective measures

1.1 Identify children, adolescents and school professionals who have aggravated their condition of vulnerability
1.2 For children and adolescents: look for didactic and pedagogical answers appropriate to each case
1.3 For school professionals: look for organizational answers regarding job security, private life, work overload, etc.

2 - MASS TESTING OF CHILDREN AND ADOLESCENTS

If mass testing is implemented in school, communication is essential

2.1 Explain and communicate the protocol of testing to children, adolescents and their parents
2.2 Building a training course to learn how to do the test at home
2.3 Apply the protocol in case of a positive test
2.4 Explain that even if the test is negative, due to proportion of false-negative test, protective measures in place must be applied
1 - SCHOOL ACTIVITIES

Adapt pedagogical methods to respect protocols implemented to keep schools safe
1.1 Change educational activities
1.2 Encourage small group works
1.3 Promote outdoor physical activities limiting the number of contact
1.4 Teaching adaptation to take account that the level of understanding of the children and adolescents may be altered by the use of mask

2 - HEALTH AND SOCIAL ISSUES

Avoid social and health inequalities
2.1 Keep the canteen open as much as possible to prevent poor nutrition
2.2 Strengthen communication to prevent psychological issues

3 - RULES IN CASE OF COVID-19 SUSPICION

Return back or stay home in case of COVID-19 suspicion
3.1 Space at the School dedicated to children and adolescents suspected of having COVID-19 until being picked up
3.2 Identify the person who manages the situation
3.3 Describe the procedure to follow in the event of a sudden worsening of the children's health condition before the parents lead the care
3.4 Define what to do in relation to colleagues with whom the children and adolescents had contact
3.5 Maintain close and regular links with the School Health Authority
3.6 Maintain communication between teachers and families
3.7 Close and disinfect the area presumed to be contaminated when unoccupied
1 - PEDAGOGICAL AND CLEANING STAFF

1.1 Guarantee masks, gloves, aprons and other materials to ensure the staff safety in cleaning the school facilities and handling cleaning products, being available in sufficient quality and quantity for its use to be renewed throughout the day.

2 - SECRETARIAT

2.1 Set the rules for customer service
2.2 Provide access to a secure workspace for in-person work
2.3 Propose telework as much as possible

3 - GUARDS

Professional training for:
3.1 Adequate management of the circulation of individuals in the school spaces
3.2 Assessing urgent or exception situations for which entrance in the school may be allowed
4 - CANTEEN STAFF

4.1 Assess the need for reinforcing the staff in case of an increase in services
4.2 Secure the safety procedures with the school food services

5 - MAINTENANCE STAFF

5.1 Reinforce the School maintenance services with the rules in school settings
5.2 Increase the degree of redundancy of the School’s digital systems to reduce student’s connection failures to school software, platforms, etc.
5.3 Ensure that teachers quickly receive replacement computer supplies, software updates, computer help desk support throughout the school period
5.4 Adapt school spaces to conduct educational activities outdoors to enable maximum performance of school activities outside the usual classroom

6 - PSYCHOLOGISTS, NURSES, THERAPISTS AND SIMILAR

6.1 Ensure distancing if no mask is used by the student. If not possible, the use of a visor can be considered
6.2 Guarantee the child’s discretion and dignity in the relocation of therapeutic practices to other locations
1- HEALTH ISSUES

1.1 Promote mental health Services support in articulation with healthcare providers under a procedure that guarantees total respect for privacy

1.2 Be attentive to manifestations of adult elements of the school community that may indicate professional stress or burnout

1.3 Ensure good accessibility to psychological support services:
   1.3.1 External to the School where professionals can resort anonymously (psychological support lines, articulation with the Health Services, etc.).
   1.3.2 In school, if there is Clinical-Therapeutical Psychology Services and the person agrees that their support is established at the School
   1.3.3 In school for Educational Psychology issues

1.4 General areas of health related to COVID-19:
   1.4.1 Provide testing for school professionals similarly to students
   1.4.2 When a student suspected of having COVID-19 is in contact with a school professional it should be considered a professional risk, with the consequences of rights that this entails
   1.4.3 Guarantee that all school professionals have the recommended material and in sufficient quantity for working safely

1.5 General areas of health not directly related to COVID-19:
   1.5.1 Provide for the possibility that the adult person in the school community may have health problems or accidents in the performance of teaching or other digital activity without affecting their rights (insurance for accidents at work, healthcare related to illness or accident at work).
2 - PRIVATE LIFE

2.1 Ensure the privacy of teachers and other school staff by having well-defined time slots for the school
2.2 Provide training for teachers about how to maintain family privacy when working digitally at home
2.3 Define clear communication rules between children and adolescents, teachers, and other school community members to optimise learning and always ensure respect for each individual and family space
2.4 Ensure no recordings of school acts unless strongly and duly authorised.

3 - ORGANIZATIONAL SUPPORT

3.1 Reinforce relationships and support between the school administration and teaching community
3.2 Act organizationally to reduce sources of work stress
3.3 Strengthen social ties between all members of school community reinforcing the school entity
3.4 Use the COVID-19 pandemic moment to reinforce the integration of the school community's remaining workers, presenting them as indispensable for the success of all through the evidence of their contribution to the continuation of the School's work