



Saturday 18 July | 09:30-12:00

Walking Lecture I: Urban Health in Action: Exploring the Porta Nuova District

Professor Andrea Rebecchi

This walking lecture will explore the relationship between urban design, sustainability, and population health through a guided visit of the Porta Nuova district, one of the most significant urban regeneration projects in contemporary Europe.

The tour will start at Piazza Città di Lombardia, located within the Palazzo Lombardia complex, widely recognized as the largest covered square in Europe and an important civic space designed for social interaction and public events.

Participants will then move through the Porta Nuova urban redevelopment area, observing key architectural and planning features that contribute to a healthier urban environment. The itinerary includes the iconic Bosco Verticale (vertical wood), an internationally acclaimed example of vertical urban forestry that integrates biodiversity into high-density residential architecture, and Piazza Gae Aulenti, a central pedestrian square designed as a hub of mobility, commerce and social life.

The walk will also examine the integration of transport infrastructure, green spaces, and mixed-use developments, including the nearby railway hub and commercial areas, highlighting how contemporary urban planning can influence physical activity, environmental quality, and social cohesion.

The session will be led by architects and urban health experts from the Politecnico di Milano, who will discuss how architecture, urban design, and public health intersect in shaping healthier cities.