LEARNING OUTCOMES:

On completion of the module, students can expect to have acquired:

- Fundamental knowledge on the impact of trauma on mental health
- Capability to interpret the role of trauma as a key factor in mechanisms of ill health, both mental and physical
- The ability to assess and evaluate the mental health impact of traumatic life experiences
- Basic knowledge on resilience and posttraumatic growth
- Skills regarding critical appraisal and analysis of the scientific literature on traumatic stress
- Knowledge of trauma informed care approaches.
- Systemic approach to trauma management.



ORGANIZERS:









ADMISSION CRITERIA

Bachelor's diploma as a minimal requirement.

The applicant shall submit a CV and a cover letter in English.

Selected candidates should submit a brief description of research idea.

PRE-REGISTRATION OPEN!



Aplication fee: 200 €

3 ECTSAWARDING COURSE*

*Accreditation process undergoing



Medical University of Gdansk

summerschool@gumed.edu.pl www.summerschool.gumed.edu.pl 6th International Summer School on Public Mental Health

Trauma-informed Public Health – approaches to resilience and trauma informed public health



2nd-6th June 2025 GDAŃSK, POLAND

PROGRAM



2ND JUNE, MONDAY, CONFERENCE

10.00-16.00

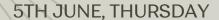
INTERNATIONAL CONFERENCE
Trauma-informed Public Health –
approaches to resilience and trauma
informed public health

3RD JUNE, TUESDAY

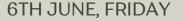
9.00-9.30 Prof. Łukasz Balwicki, Prof. Jutta Lindert Introduction 9.30-11.00 Prof. Jutta Lindert Traumatic life events-epidemiology 11.00-11.15 COFFEE 11.15-13.00 Group work, Facilitators Traumatic life events in Europe epidemiology - introduction and group work 13.00-14.00 LUNCH 14.00-17.00 Students' presentations

4TH JUNE, WEDNESDAY

Prof. Jutta Lindert 9.00-10.30 Wars and historical trauma epidemiology and characteristics 10.30-11.00 **COFFEE** dr Agnieszka Wojtecka 11.00-13.00 Refugees mental health 13.00-14.00 LUNCH dr Agnieszka Wojtecka 14.00-15.00 Interventions for refugees in Poland 15.00-15.30 **COFFEE** 15.30-16.30 Group work: Designing reviews in the field of traumatic stress studies 16.30-18.30 Excursion



Prof. Sally Mc Manus 9.00-10.30 Adverse childhood experiences 10.30-11.00 **COFFEE** Prof. Sally Mc Manus 11.00-13.00 Traumatic experiences of violence and abuse in adulthood 13.00-13.30 LUNCH Prof. Oliver Tüscher 13.30-15.00 The concept of resilience 15.00-15.15 **COFFEE** 15.15-17.00 Prof. Oliver Tüscher Trauma and resilience 20.00 **FESTIVE DINNER**



9.00-11.00 Prof. Oliver Tüscher
Resilience over the life course
11.00-11.15 COFFEE
11.15-12.15 Prof. Jutta Lindert,
Prof. Sally Mc Manus, Prof. Oliver
Tüscher

Trauma and resilience- next steps
12.15-13.15 LUNCH
13.15-15.00 Students presentations
15.00 Charlotte Merchandise,
Prof. Jutta Lindert, Prof. Łukasz
Balwicki, Prof. Sally Mc Manus
Official handover of certificates

