

## LEARNING OUTCOMES:

On completion of the module, students can expect to have acquired:

- Fundamental knowledge on the impact of trauma on mental health
- Capability to interpret the role of trauma as a key factor in mechanisms of ill health, both mental and physical
- The ability to assess and evaluate the mental health impact of traumatic life experiences
- Basic knowledge on resilience and posttraumatic growth
- Skills regarding critical appraisal and analysis of the scientific literature on traumatic stress
- Knowledge of trauma informed care approaches.
- Systemic approach to trauma management.

## ORGANIZERS:



Co-funded by  
the European Union



PARTNER:



## ADMISSION CRITERIA

Bachelor's diploma as a minimal requirement.

The applicant shall submit a CV and a cover letter in English.

Selected candidates should submit a brief description of research idea.

## PRE-REGISTRATION OPEN!



Application fee: 200 €

**3 ECTS**  
AWARDING COURSE\*

\*Accreditation process  
undergoing



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Gdansk

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## 6th International Summer School on Public Mental Health

Trauma-informed Public  
Health – approaches to  
resilience and trauma  
informed public health



2nd-6th June

2025

GDAŃSK,  
POLAND

# PROGRAM



## 2ND JUNE, MONDAY, CONFERENCE

10.00-16.00

**INTERNATIONAL CONFERENCE**  
**Trauma-informed Public Health –**  
**approaches to resilience and trauma**  
**informed public health**

## 3RD JUNE, TUESDAY

9.00-9.30 Prof. Łukasz Balwicki ,  
Prof. Jutta Lindert

**Introduction**

9.30-11.00 Prof. Jutta Lindert

**Traumatic life events-epidemiology**

11.00-11.15 **COFFEE**

11.15-13.00 Group work, Facilitators

**Traumatic life events in Europe –**  
**epidemiology – introduction and**  
**group work**

13.00-14.00 **LUNCH**

14.00-17.00 **Students' presentations**

## 4TH JUNE, WEDNESDAY

9.00-10.30 Prof. Jutta Lindert  
**Wars and historical trauma –**  
**epidemiology and characteristics**

10.30-11.00 **COFFEE**

11.00-13.00 dr Agnieszka Wojtecka  
**Refugees mental health**

13.00-14.00 **LUNCH**

14.00-15.00 dr Agnieszka Wojtecka  
**Interventions for refugees in Poland**

15.00-15.30 **COFFEE**

15.30-16.30 Group work:  
**Designing reviews in the field of**  
**traumatic stress studies**

16.30-18.30 Excursion

## 5TH JUNE, THURSDAY

9.00-10.30 Prof. Sally Mc Manus  
**Adverse childhood experiences**

10.30-11.00 **COFFEE**

11.00-13.00 Prof. Sally Mc Manus  
**Traumatic experiences of violence**  
**and abuse in adulthood**

13.00-13.30 **LUNCH**

13.30-15.00 Prof. Oliver Tüscher  
**The concept of resilience**

15.00-15.15 **COFFEE**

15.15-17.00 Prof. Oliver Tüscher  
**Trauma and resilience**  
**FESTIVE DINNER**

20.00

## 6TH JUNE, FRIDAY

9.00-11.00 Prof. Oliver Tüscher  
**Resilience over the life course**

11.00-11.15 **COFFEE**

11.15-12.15 Prof. Jutta Lindert,  
Prof. Sally Mc Manus, Prof. Oliver  
Tüscher

**Trauma and resilience- next steps**

12.15-13.15 **LUNCH**

13.15-15.00 **Students presentations**

15.00 Charlotte Merchandise,  
Prof. Jutta Lindert, Prof. Łukasz  
Balwicki, Prof. Sally Mc Manus  
**Official handover of certificates**

