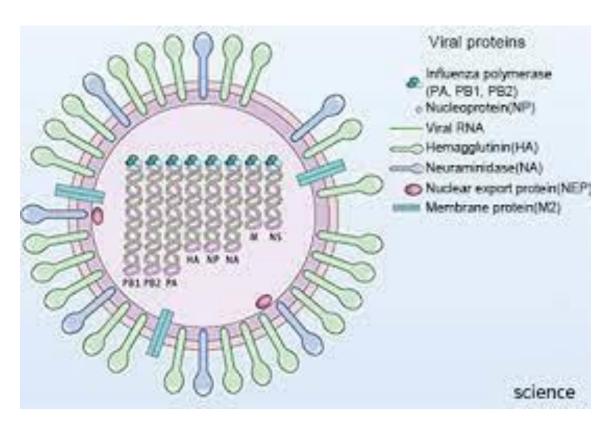
A(H5N1) Flu

ASPHER COVID-TF 2 / 3 / 2023 Henrique Lopes

A(H5N1) one (or more) influenza virus

In Influenza, there are 18 different hemagglutinin subtypes and 11 different neuraminidase subtypes.



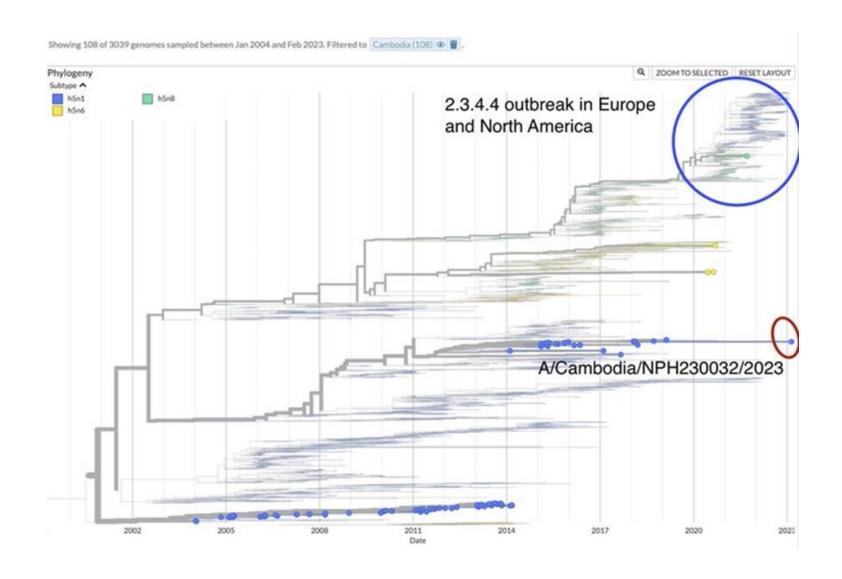
Two dominant Clades of A(H5N1):

2.3.4.4. in Europe 2.3.4.1 in Asia

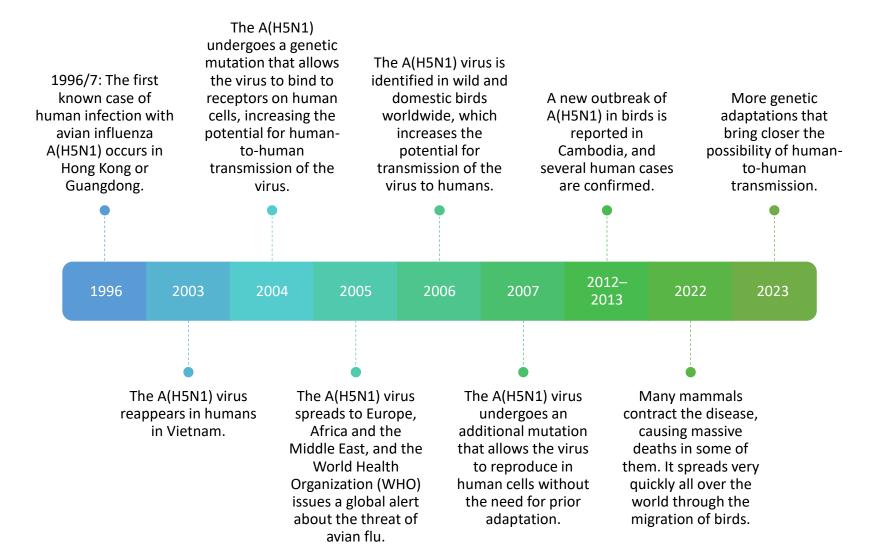
Some people talk about the hypothesis that there is an association of A(H5N1) with A(H5N6) and A(H5N8).

This approach is called A(H5Nx).

Evolution of A(H5N1) or A(H5Nx)?

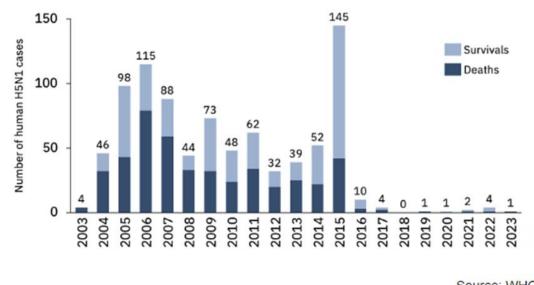


A(H5N1) timeline highlights



Depending on the sources, mortality in humans varies between 53% and 59%

Cases and deaths reported by the WHO from January 2003 to January 2023



Source: WHO

Confirmed human H5N1 infections reported to the WHO, 2003 to present.

As of 27 February 2023, there have been **873 cases**, including **458 deaths**, of human infection with avian influenza A(H5N1) reported in 22 countries (Azerbaijan, Bangladesh, Cambodia, Canada, China, Djibouti, Ecuador, Egypt, Indonesia, India, Iraq, Laos, Myanmar, Nepal, Nigeria, Pakistan, Spain, Thailand, Türkiye, Vietnam, United Kingdom and United States). To date, no human-to-human transmission has been detected.

Source: ECDC, 1 March 23

Mammalian animal species confirmed with A(H5N1)

• Minks are a species that represents an increased risk due to their history of being closely related to the human influenza family, particularly in types A.



Outbreaks in farmed mink could give H5N1 an opportunity to further evolve and adapt to mammals. MADS CLAUS RASMUSSEN/RITZAU SCANPIX VIA AP

Species

- American black bear
- Amur leopard
- Bobcat
- Bottlenose dolphin
- Coyote
- Fisher
- Grey seal
- Raccoon
- Skunk
- Striped skunk
- Virginia opossum
- Grizzly bear
- Kodiak bear
- Harbor seal
- Red fox



Mortality in Europe is much lower than in Asia. Possible explanations:

- 1. In Asia people choose the animals they consume while they are still alive and in Europe we buy food mostly in the supermarket.
- **2.** Clades may have different results.
- **3.** Different response capacities of health systems.

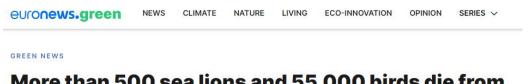
The vast majority of people who have contracted the disease so far are professionals linked to the production of chickens and ducks.

The infection of the Cambodian child, daughter of a farmer who deals with these animals, challenged this principle. The father had a mild outbreak and the daughter died.

Even without having become an epidemic, A(H5N1) is already a crisis

 Around 200 million birds intended for human consumption died or had to be slaughtered.





More than 500 sea lions and 55,000 birds die from bird flu in Peru



This handout picture released by the Peruvian National Wildlife Areas Service (SERNANP) shows scientists at the Paracas National Reserve inspecting a dead sea lion.

— Copyright SERNANP / AFP

It represents a strong threat to natural ecosystems.

What are the actual known risks to humans?

According to WHO and ECDC, the risk of contagion at this time for the average citizen is very low and for professionals who deal with potentially infectable animals it is low to medium.

There seems to be no risk in eating meat from contaminated poultry as long as it is well cooked (Podcast ECDC).

There have been no demonstrated cases of person-to-person transmission to date.

How can you get A(H5N1)?

Direct contact with chickens, geese and ducks (at least).

Contact with contaminated surfaces. It appears that the virus can survive for several days given the right conditions. It has not been demonstrated that there has been transmission to humans by this route.

Inhalation of contaminated droplets or dust.





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l flow tests being prepared for UK aks of avian flu

Cambodia died from H5N1, the UK Health Security alert but says human-to-human transmission is rare





The Guardian, Feb. 23

There are some tools and positive expectations in the short term

- Antiviral drugs commonly used for the flu worked well in infected people.
- Some countries used these antivirals in a preventive situation, namely in people who were at high risk or who were near people infected with A(H1N5).
- There are rapid advances towards the production of lateral flow tests for A(H1N5).

But there are worries for the future...

1. Vaccine solutions that cover A(H1N5) are needed.

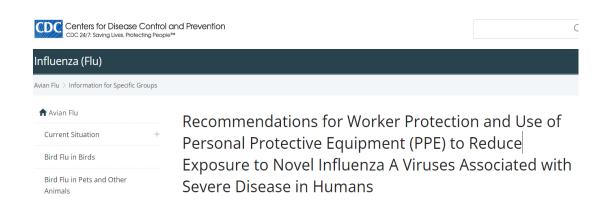


Jeremy Farrar, Chief scientist of WHO: "In terms of potential pandemic, H5N1 is a big worry."



But there are worries for the future...

2. The personal protective equipment (PPE) seems to work reasonably well, but...



There are clear protection recommendations, well framed in the quality systems of the major international bodies.

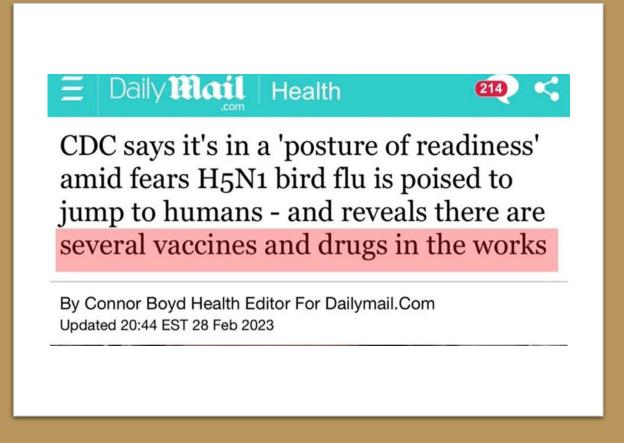


"Both workers were involved in egg collection and routine cleaning tasks. They used personal protection equipment, including an FFP2 mask, gloves, boots and an apron."

But there are worries for the future...

3. Here we go again with the fake news...even before the pandemic happens...





Some open risks...

Contaminated wild birds transmit the virus to poultry on small farms and self-production where there are no sanitary measures or capacity for rapid recognition of the virus.

Curious contact with carcasses of dead birds and other animals on beaches and fields.

Sanitary isolations are not respected with the recommended distances from farms where there were infected animals.